



Bergvliet High School News

HeadStart for life

Issue 5—September 2009
Editor: C.A.Kendal

www.bhs.org.za

A MESSAGE FROM THE NEWLY APPOINTED PRINCIPAL

There is no question that the process of appointing a Principal has taken its toll on all the role players as the uncertainty dragged on over 8 months. Not only did it affect us as a school community but it also affected the lives of the other candidates who also needed a decision to be made.

I do need, therefore, to acknowledge the support that I have received both during the process and since the announcement was made. It has, quite simply, been overwhelming. Constant emails, informal chats around the sports fields, learners popping into my office and indicating their support, prayer, phone calls, sms's and even a standing ovation from the learners. It has been an emotional time. I need you to know that this position is very important to me and that I am humbled by the overwhelming support that I have received from all of you.

Looking ahead, we now need to focus on our core business which is teaching, especially as we approach the last few months of the year. As you read this the grade 12's are busy with their 'mock matric' whilst the grade 9's will be starting their exams within days. The plans for 2010 and beyond are already in the making and the next few months promise to be an exciting period of review and planning.

Please continue to engage with us on the issues that are close to your heart when it comes to your child's education as we need this input to drive our planning. info@bhs.org.za is the way for you to communicate this.

Once again thank you all for the support.

Stephen Price



A TRULY HOME GROWN SHOW—HOPE: THE MUSICAL

Hope: The Musical is a truly homegrown Bergvliet Production. The script and lyrics to the songs were written by a teacher at the school to fit into the theme for the year, HOPE. When the musical was conceived, the aim was to incorporate as many of the learners and staff as possible in the creation and production of the show. **Warren Brown (10 DK)** helped with the lyrics to some of the songs and in adapting some of the script.

A major part of a musical is obviously the score. **Dino Kareklas (11 Cs)**, composed the music and one of the new heads of music at the school, **Jody Engelbrecht** is musical director who has assisted with the arrangements for the band. On the nights of the performances the school band will accompany the singers.

The cast is made up of about forty talented learners ranging from Grade 8 to Matric. Their skills in rapping, dancing, singing and acting have all been honed to fine perfection by the director, **Billy Enderstein**, and capable staff members. **Daniel O'Donoghue (11 Hu)** and **Bronté Miles (11 Wt)** have been extremely efficient in their roles as prompt and stage managers. As with all productions, the trusty media team has been there to support during rehearsals.



Another area of learner involvement has been the creation of the design for the poster and programme. The winners of the competition were **Chad Colwell (10 Po)** in third place, **Nancy Yu (9Pa)** in second place. These two designs are featured on page six of this newsletter. First place was the design by **Ramon Mellett (12 To)** on the left. **Mr Jared Kruger** designed the set.

The musical will be performed on 8,9, and 10 October and promises to be a gala event. We are planning to have tables in the gym hall where a variety of goods, ranging from food to crafts, will be sold. We invite you all to participate and support this venture. We are indeed filled with HOPE that you will!

Charmaine Kendal

OLYMPIAD STARS

Well done to all those learners who took part in Olympiads this year. Here are some of the results

English Olympiad:

These learners took part and achieved merit or bronze awards:

Liam Meaker, Keasha Allie, Daryn Berry, Colyn Bourhill, Keegan Esau, Stephanie Francis, Keenan Hendrickse, Andrew Howard, Kristin McLaughlin, Bronté Miles, Cara Broeksma, Robyn Buckton, Gio Fernandez, Ronnie Kellerman, James Peart, Richard Sturrock, Kathy Verhoeven, Lauren Vorster, Lauren White, Nicole Wilson. Congratulations to our five Silver Medal winners:

Samantha Berinato, Kristen Peterssen, Brandon Saunders, Robyn Smith and Kim Walters.

National Science Olympiad:

All these learners achieved places in the 60 –69% range for Biology.

Kelly Davids 20 place
Simon Robertson 20 place
Nuhaa Amardien 19 place
Wade Profe 19 place
Liam Meaker 19 place
Michael Barnes 18 place
Caryn Hobbs 16 place
Tayla Chin 13 place

These results emphasise how high the standard at BHS really is. Well done to all those learners !



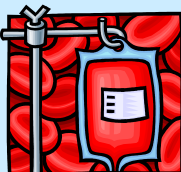
BLOOD DONATION

Blood donation is something that is recommended by teachers, not because the school receives money for it, but because it contributes to a good cause.

The process is very controlled and monitored throughout. Anyone who does not fit the specifications such as a minimum weight (no less than 50 kg) HIV status, illness, may not donate blood. Donors need to be 17 years and over to donate.

Donating blood is a safe procedure supervised by professionals so there really is nothing to fear.

Natasha Liddiard



CHECKMATE! CHESS SEASON REPORT BACK

We had a good season this year—at least we know now that we rate in the same league as the other prestigious schools. We aim to do even better next season. We have asked for assistance from an American company who promotes chess in schools all over the world, so that proper coaching can take place.

We beat Pinelands 6-2 but South Peninsula beat us 6 -2. Then we had three draws. We drew with Herschel, Sans Souci and Wynberg Girls.

Our thanks and appreciation go to our two Matric players, Narcisse Sadi and David Cochrane. We know that your beautiful minds and strategic skills will come in handy in future boardrooms where you will be in management positions.

Welcome to our new team : Colyn Bourhill, Zavier Haddad, Andrew Howard and David Geldenhuys. Let's repeat this successful season, guys !



There seems to be a tremendous interest in chess this year. All players are welcome in the library during break.

Rosa Maritz : Convener



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SPORTS' PAGE



HOLIDAY SUCCESS

Hockey

Grade 10 learner **Jesse Williams** played in the Western Cape U/16 team in the SA Schools' Hockey Tournament in Potchefstroom during the July holidays. The Western Cape U/16 team remains undefeated champions.

Badminton

Debbi Godfrey won the singles in the open event and also reached the finals in the doubles and the mixed. She has been graded No 1 overall and will be flying off to Ethiopia to play in the Under 19 All Africa Games. Debbi has just been invited to play in the South African Women's Senior Badminton squad.

Iona MacKay captained the Western Province B Team which won in a nail biting last game against Eastern Province. She also played very well and reached the 3rd round in her singles.

Congratulations to both players on games well played.

Report back on 2009 Under 14 Tour:

Schools we played against:

Swellendam High School	13 August 2009
York High	14 August 2009
Wittedrif High School	15 August 2009
Oakhill High School	15 August 2009

After writing a tough English exam, the touring party gathered in the gym hall. They were given a motivational pep talk by Mr. Price who appealed to them to keep the vision of the school in mind at all times. They then departed for Swellendam.

The tour was good overall. True to the vision of full participation, morale was great and spirits high. The teams put everything into their games and kept up the fight right until the end. It was a pleasure to look at the players in their uniform tracksuits, T-shirts and caps.

The teams stayed at Carpe Diem in George and travelled all the way to Wittedrif where the rugby team was triumphant against the local school team. The boys' hockey team won their matches against Swellendam and drew with Oakhill in Knysna. Both the netball team and the girls' hockey team lost to Swellendam.



The netball team did however beat both York High and Oakhill. Although the girls' hockey team was not as successful in winning games, they have to be praised for the way in which they held their heads up.

As always, everyone enjoyed the sights of Victoria Bay and the Garden Route. Lunch at the Knysna Elephant Park was really special.

There was a high standard of behaviour at all times which is very important when playing sport as it impacts on various levels of play. Visit the website for stunning photos of the tour.

Ms Cassiem (Head of Sport)

UNDER 14 SOCCER STARS SHINE ON TOUR

At 6am on 25 June the first team soccer, rugby, hockey and netball departed for our sports tour. It was an extremely long bus trip and over the course of the next 5 days we became like family. When we arrived at the horse ranch in Knysna, it was unbelievably cold, and we ended up practising in the hail. This was a testament to our commitment and spirit. After a few games of competitive pool and table tennis, with **Aidan** and **Myles** being the surprise package of the pool doubles, we curled up around the fire and witnessed a brave Bafana go down to Brazil.

The next day was supposed to be our first match but unfortunately it was cancelled because of a water-logged field. However this did not dampen spirits in the camp and made us even hungrier to get onto the field. When we arrived at the beautiful Willows resort, we had another training session. All of the teams went out to the boardwalk where the soccer boys went go-karting, with **Tre (Lewis Hamilton) Damant** dominating the circuit.

The next day fun and games were over as it was time to prepare for our game against one of the top P.E soccer schools, Alexander Road High. It was a comfortable game and the 2-1 score line did not reflect how well we commanded the game with the opponents only having one shot at goal. We then travelled to the other matches to show our support for our fellow sports' teams.

After a fun and relaxing day at the Willows we prepared for our final game against Victoria Park High - another top soccer school in P.E. While in the previous match we weren't really tested, this match would take us to our limits.

(continued overleaf)

On the left: Some of the U14A Hockey players

(continued from page 3)

The match changed its course when the other sports teams showed up with vuuzelas which made it seem more like a P.S.L game. Spurred on by our supporters, we took the lead through an amazing goal. The glory was short lived however, when they equalized late in the game. After a golden chance we hit the bar but the game was destined to end in a draw.

Thanks to **Mr. Trout, Mr. Rooza** and to our team who finally came together after a bumpy start to the season. The following day we took the long journey, filled with memories and laughter, back home. Thanks to **Mr. Ryan, Ms Cassiem** and all the parents who made this tour possible. And a special thanks to **Mr. Price** who drove all the way up to support us.



Congratulations to **Daniela Bayman** who was selected for the Western Province Under 16 A Hockey team

Remember
Past Pupils' Day
Saturday,
5 September 2009

UNDER 15 A RULE

This year the under 15 A rugby side has had another spectacular season with no games lost. They only played 9 games because of matches being cancelled, but when they played they gave of their best.

Their new coaches, SP Blakely and Sean van Duiker, taught the boys in a fun way and had a challenging task trying to off load all their knowledge of the game.

The biggest wins of the year were against Pinelands High where the score was 52-0 and Collegians where it was 42 -5. The closest games this season have been against Reddam and Westerford, where the points' difference in points has been 12 in both cases.

The captain, **Andrew Edwards**, and **Edwill Godfrey** were the top try scorers, scoring 13 and 7 respectively. The fly half and kicker, **Leighton van Wyk**, converted most of the tries.

A few talented players went to Western Province trials and **Andrew Edwards** made it to the final round. **Jason de Stadler** made it to the second last trial.

Our most improved players this season were: **Thomas Warne, Phelo Mfini, Leighton van Wyk, Robby Watkins** and **Keegan Steenkamp**.

I know that the school and the players are hoping that the team carries on with its winning streak next season to become the first team in the history of BHS to win the Grand Slam right through the junior stages.

Andrew Edwards (Captain Under 15 A)

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KATHRYN CRAFTS A FINE SPEECH

Kathryn Van Boom is the winner of this year's Junior Public Speaking Competition in which she won both the prepared and unprepared sections . Below are some extracts from her thought provoking and challenging prepared speech.

When you see a sports field with no supporters, no billboards, sponsors or broadcasting you know it's a woman's sport. This is something that people have come to recognize, but the scary thing is that they've become to accept it as the norm. Sadly, even women accept it because they know that they can't have a future in sport - not a very good future at least.

You all know the Premier League, IPL, Currie Cup, etc. and the sportsmen who have become famous playing in those competitions like Pienaar, Gibbs, Habana and so on. Did you know that there are women's national teams like Banyana Banyana as well as SA cricket and rugby sides? We don't know about them. Why? No awareness, advertising, no billboards – but we see FIFA World Cup 2010 everywhere.

On television DSTV channels there are approximately 20 Super Sport Channels. The recent ICC 20/20 in England which Pakistan won – did you know that there was also Women's ICC 20/20 which took place at the same time? I watched a game played between England and Australia. Commentators said that women get one tenth of what the men receive. Unfair !

Why is there such a lack of awareness—and therefore sponsorship for women's—national teams? These women are professional and invest so much time and money in achieving a national status. This is also a huge problem for women's sports clubs, who are often left at the bottom of the barrel when it comes to receiving funds and support. Is it because we're not as fast or strong as men are? That's true – but still unfair !

Salaries – athletes and sportsmen have conditioned themselves over many years to play their given sport and they receive huge salaries and sponsorships. Ronaldo and others like him will never have to work another day in their lives once they end their careers. Women have no such luck. Women have to continue working. If they play for provincial and national teams, they have to find time to train and prepare and after the tournaments they have to return to their jobs. The only way to improve is to get better funding, advertising, more awareness, more supporters.

Internationally, the closest sport in terms of equity is tennis. At Wimbledon the men and women prizes are quite close, but men still receive bigger pay cheques.

Sportsmen or sportswomen are role models. Children want to become like them. They'll work hard and play that sport hard so they can play for their country. This is great because the more people who play sport, the less obesity there'll be. For boys there are many opportunities – sadly a lot of girls stop playing sports when they get to High School, or they become less dedicated. Why ? Very little motivation and no incentives. They can aim for Provincial or National colours, but there's no career in that. This discourages girls.

Equity starts in schools. We need to raise the bar in all sports for both genders, but at the same time we need to encourage girls and improve women's sports. Look at BHS, I think the standard of sport is brilliant but there still isn't equity. Boys' teams are fortunate to receive special sports uniforms, but this only applies to the girls' first teams. The other girls teams all play sport in their PE uniforms.

100 years ago the women's roles were solely to work in the kitchen and to take care of the children. Now women work and many are professionals and a lot of men have stayed at home and become housemen. The same applies to sport. In the past women were probably never allowed to play sport and now it's totally different.

I am so thankful that there are more opportunities now and only hope that one day in the future women's sport will be equal with men - I can't wait for that day, and I hope that it happens sooner rather than later.



Kathryn van Boom and the Public Speaking Trophy

MY SCHOOL CARDS

Thank you to all those who are using their MySchool cards and in so doing supporting the school.

Please remember to use your card when making purchases at the many hundreds of outlets supporting the programme. A full list of these outlets is available from the school and on the MySchool website www.myschool.co.za.

MAKRO: PAY BACK TIME

Thanks to your generous support BHS has received R1 600 from Makro for the period between 01/01/09 - 31/08/09. If you do not have a Makro card linked to BHS please contact the school's marketing office.

If you would like a Makro card, you may also contact us, or Makro directly.

Enquiries to: Kay Warne telephone 021 712 0284 X 210, or email kayw@bhs.org.za

PLEASE ADVISE

The school is charged per cell number for the SMS message service, therefore please inform the school if your cell number has been changed. Also if you have a new email address please inform the school.

MODELS STRUT THEIR STYLE ON THE RECYCLING RAMP

Last year the Recycling Fashion Show was re-introduced into BHS. This year the creations were extremely creative and looked very professional. It is amazing how art can be created through plastic, paper and bottle tops. A little bit of glass and foil added a touch of class.

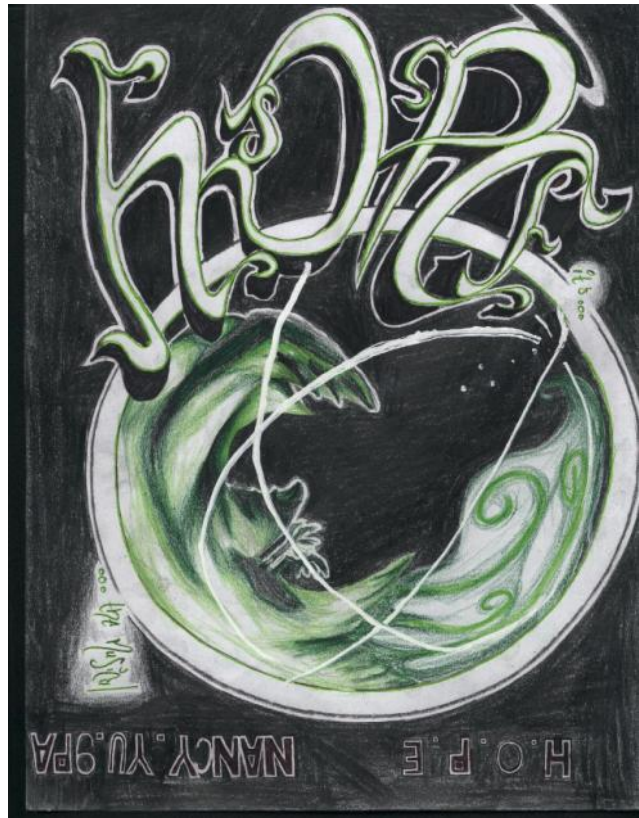


Left to Right: Saskia Isaacs and Andrea Flatwell (2nd place), Nicole Davies (1st Place) and Azara Amien (3rd Place). Nicole's dress was designed by Cara Smith and Micaela Pym.

ENTRIES IN THE HOPE POSTER COMPETITION



Third place went to Chad Colwell



Second Place went to Nancy Yu

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BERGVLIET HIGH SCHOOL

PRESENTS

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WRITTEN BY: CHARMAINE KENDAL

MUSIC BY: DINO KAREKLAS

DIRECTED BY: BILLY ENDERSTEIN

MUSICAL DIRECTOR: JODY ENGELBRECHT

8,9,10 OCTOBER 2009

8:00 P.M. IN THE SCHOOL HALL

R30 Adults R 20 Children under 12

Visit our special food and craft stalls from 7:00 p.m.

BOOKINGS: MARKETING OFFICE BHS

KAY WARNE TELEPHONE 021 712 0284 X 210

OR EMAIL KAYW@BHS.ORG.ZA

POSTER DESIGN BY RAMON MELLET